



TERM 1 2026

**Tuesday 27th January
to Thursday 2nd April**

There are no strangers here, only friends you haven't met before.



Centre Closure: Monday 9th March- Labour Day.

CENTRE CONTACT DETAILS:

Office hours: Monday – Thursday 9.00am – 3.00pm and Friday 9.00am – 1.00pm during school terms.
Phone 8768 4400 Email contactus@bncinc.org.au Web www.bncinc.org.au

ABN: 84954869011

PO Box 2 Beaconsfield / 8 O'Neil Rd Beaconsfield 3807





Bookings and Payments

Bookings are essential for all our courses and workshops. We try to make our classes as affordable as possible. When you book, you are required to pay the full course fee for the term which is listed in this program with the course description (with the exception of casual weekly payments).

However, we do not want people to miss out and payment plans can be worked out with the Coordinator. All discussions will be kept confidential. Unless other arrangements have been made with the Coordinator, payments must be made before you commence the course.

Payments can be made:-

- At the Centre with cash, cheque or card
- Over the phone
- By Direct Deposit: Bendigo Bank
Account Name: Beaconsfield Neighbourhood Centre

BSB: 633 000 Account Number: 145053849

Please use your surname and course name as a booking reference when paying by Direct Deposit.

Cancellation and Refunds

All courses are **non-refundable** unless there are exceptional circumstances. If a course is cancelled due to insufficient numbers, the Centre will contact you and a full refund will be given.

Occasional Care & Playgroups

Due to the need for program planning, staffing and demand for our Occasional Care programs and Playgroups, deposits paid for these programs are non-refundable.

Membership

Membership for 2026 is \$15 Family and \$12 Concession. Workshop memberships are \$4.

It is Committee of Management Policy that everyone who takes part in Neighbourhood Centre courses becomes a member of the Centre. The annual membership fee is non-refundable and assists with the day to day running costs of the Centre.

Membership also gives you free:-

- Access to the Centre's computers
- Access to the Centre's WiFi (with daily download limits)
- Use of the Centre's facilities
- Tea, coffee and biscuits

Community Meetings

Beaconsfield Progress Association

Meetings are held the 3rd Tuesday night of each month – 7.30pm – 9.30pm. Come and have your say about what is happening in town. All welcome!

Beaconsfield Banner- Neighbourhood Natter

BNC contributes a page towards the BPA's Beaconsfield Banner three times per year. We always welcome new articles so please email any ideas through to contactus@bncinc.org.au.

BNC Meetings

Our Committee of Management meets on a monthly basis. Please contact the office to confirm the next date and time.

Men's Discussion Group

Come along to this friendly environment where you will discuss issues that can arise as you near or enter retirement.

Monday 19th January,
Monday 16th February and Monday
16th March 9.30am-12 noon.

Cost:- Free for your first session
and \$5 for every session thereafter.

Contact:- John 0431 844 833.

NEW

BNC BOOK CLUB



1 spot left

Become one of our founder members of
this small group who will meet monthly
during the school year.

Term 1 dates are Wednesday
25th February and Wednesday
25th March 7.30pm start.

Cost \$20 for the year.

www.bncinc.org.au

Visit our website for up to date information and
everything you need to know about BNC.

 **Digital Pacific**

We would like to thank Digital Pacific for their continued support of our Neighbourhood Centre through their generous donation of web hosting for our website.

NEW YEAR NEW YOU!

Dedicate time to yourself with our new self-help, improvement and empowerment sessions. Gain information, advice and help with our free talks. All here at BNC in Term 1.

THE COURAGEOUS JOURNEY

NEW

Are you ready for your Courageous Journey? Success coach Geoff Edwards will support you to identify your calling, live your calling and have the courage to live beyond yourself and make a difference.

**Tuesday 24th February 7.00pm-8.30pm for 5 weeks.
Cost \$100.**



AUTHENTICALLY YOU

Health and Wellbeing Coach Jan Dillon brings this 6 week program specifically designed to empower both men & women to -

- Identify your **BIGGER PURPOSE**
- Create your **VISION & MISSION** & align them with your **VALUES** (the things you love)
- Gain **CLARITY** on the direction to take & help with the steps to get there
- Discover you're **UNIQUE STRENGTHS** so you're motivated by passion
- Help you self-regulate **FEAR, STRESS & ANXIETY**
- Increase your **SELF-BELIEF & CONFIDENCE**
- **LET GO** of things that don't serve you like perfectionism, fear of failure, procrastination
- Create **BALANCE & FLOW** in all areas of life
- **SELF-CARE** habits for your emotional and physical **HEALTH & WELLBEING**
- Find more joy and inner peace by being **AUTHENTICALLY YOU**
- Improve the quality of your **RELATIONSHIPS**
- Join a community of like-minded people wanting more **FUN, CREATIVITY & CONNECTION**

**Starts Thursday 19th February 7.00pm start for 6 weeks.
Cost \$120.**

MY AGED CARE

FREE TALK

As we are coming so close to the start of the aged care changes from Home Care Packages to Support at Home, Carer's Network will be here to host an information morning to address these changes and to answer any questions our local community may have regarding Support at Home.

Wednesday 4th March 10.30am-12 noon.

This session is free but advance bookings are essential to confirm numbers.



SAFE BANKING AND SCAMS

FREE TALK

Come along to hear Commonwealth Bank offer practical advice and confidence navigating your banking options safely, both online and in person. The session includes:

- Identifying common scams and fraud tactics
- Tips for safeguarding personal information
- Safe use of online and phone banking
- Where to go for support if something doesn't feel right

This free presentation is delivered in a friendly, easy-to-understand format that is relevant to everyone, regardless of who you bank with. There will be plenty of time for questions and discussion.

Wednesday 18th March 10.30am-12 noon.

This session is free but advance bookings are essential to confirm numbers.



For the social...

MEN'S GROUP – Invitation to men over 50

Meet, talk and enjoy the company of others in this informative private session discussing issues that can arise as you near or enter retirement.

Monday 19th January, Monday 16th February and Monday 16th March 9.30am-12 noon.

MIDWAY

This friendly and fun-loving 60s plus women's group meets for activities, a good chat and afternoon tea. Register your interest at the office.

Running Mondays 1.00pm-3.00pm. Cost \$5 per session. Please contact the office to register your interest as this session is currently full.

WRITE AWAY

A great social group bringing together budding journalists and writers. Share your ideas and stories whilst learning some new methods with like-minded people. All levels and abilities welcome.

Starts Friday 30th January 10.00am-12 noon and runs fortnightly thereafter. Cost \$3.

SOCIAL CARD GROUP

Come and play 500 in this social, friendly group which stems from the original Probus Cards group. Beginners are welcome to come and observe for no charge. After learning how to play from watching the experienced players, new members can then join the games.

Thursday 26th February and Thursday 26th March 1.00pm-5.00pm. Cost \$5 per session.

For the body and mind...

DAYTIME YOGA WITH KAREN

Including a gentle series of physical movements that will improve flexibility, this class will build physical strength, promote better breathing, ease stress, reduce back pain and build self esteem. Exercises are simple and non-competitive encouraging you to move at your own pace.

Starts Tuesday 27th January 9.15am-10.30am for 10 weeks. Cost \$140 or \$15 weekly.

EVENING YOGA WITH ROSA

A Yoga class designed for everyone. It is structured to help improve general wellbeing, flexibility, balance and strength practicing various yoga poses as well as clarity and calmness of the mind through meditation and savasana.

Starts Thursday 29th January 6.00pm-7.15pm for 10 weeks. Cost \$140 for the term.

LAUGHTER YOGA WITH MANPREET

Laughter Yoga relieves stress, boosts immunity, fights depression, increases energy levels, improves quality of life, helps you better manage hardship, increases social connectedness and eventually makes people into more positive thinkers.

Monday 23rd February and Monday 30th March 1.00pm-2.00pm. Cost \$10 per session.

Beaconsfield Neighbourhood Centre is supported by:



For the energetic...

TABLE TENNIS FOR OVER 50s

All levels welcome for this fun group having a great time keeping fit, enjoying a cuppa and social chat. On Fridays, we also have a specific competition table available for those who are more experienced.

Starts Monday 2nd February 12.30pm-3.00pm for 9 weeks, Thursday 29th January 12.30pm-3.00pm for 10 weeks and Friday 30th January 12.00pm-3.00pm for 10 weeks. Cost is \$5 per session.

GENERAL LINE DANCING WITH ANNA

Come along and enjoy all types of music in this fun and social class. Previous Line Dancing experience required.

Starts Tuesday 27th January 10.00am-12 noon for 10 weeks. Cost \$7 per week.

EASY BEGINNER LINE DANCING WITH NATHALIE

Join our line dancing community and open a new world of friends, fun and laughs. Good exercise for the body and mind. A minimal level of previous dancing experience is required as this class is not for absolute beginners.

Starts Thursday 29th January 10.00am-12 noon for 10 weeks. Cost \$7 per week.

STRENGTH TRAINING FOR OVER 50s with Debbie (Beginners to Intermediate)

A combination of strength training exercises for the whole body. With the use of hand weights, enthusiasm and smiles. All of the body benefits from this class. Even the Soul!

Starts Wednesday 28th January 9.30am-10.15am for 10 weeks. Cost \$8 per session.

STRENGTH TRAINING FOR THE YOUNG AT HEART (Intermediate to Advanced)

Join this combination class including the use of weights and formatted sessions. Please bring a drink bottle, hand towel and enthusiastic smiles!

Starts Friday 30th January 9.30am-10.15am for 10 weeks. Cost \$8 per session.

STRENGTH TRAINING PILATES FOR OVER 50s WITH TERESA

A Pilates class for building inner strength, toning and trimming with all levels welcomed.

Starts Monday 2nd February 9.30am-10.15am or 10.30am-11.15am for 8 weeks. Cost \$56 for the term (spot confirmed) or \$8 casual weekly charge (if any spaces remain- please call to confirm). Please note, there will be no sessions on Monday 9th March.

POWER PILATES

A low impact workout suitable for all ages and most abilities. This workout is sure to strengthen, lengthen, trim and tone your whole body, including your core. An adaptable workout that allows you to work at your own level and fitness ability. Find your power and your strength again to move easier and feel great everyday.

Starts Friday 30th January 10.30am-11.15am for 10 weeks. Cost \$70 for the term (spot confirmed) or \$8 casual weekly charge (if any spaces remain- please call to confirm).

WALKING GROUP

Free

Would you like to be part of a local walking group and socialise while you get some fresh air and exercise? Come along and join this friendly bunch doing local walks, learning some new trails and enjoying some time outdoors.

Starts Friday 30th January at 10.00am for 10 weeks.

NEW VOGUE, BALLROOM AND LATIN DANCING

How about you start something new today and make friends too? Come and join us for some fun learning easy New Vogue, Ballroom & Latin dances with lots of happy interaction. Our qualified instructor ensures that everyone enjoys acquiring new skills, whilst gaining many health benefits from this joyful exercise. Enrol now and discover a new you!

**Starts Tuesday 3rd February 7.00pm-8.00pm for 9 weeks.
Cost \$126 for the term.**

Creative Art & Home Industry

BEGINNERS DRAWING WITH CRISS

Discover the art of drawing—one mark at a time! We'll explore everything from technical skills like proportion, shading, and perspective to expressive approaches that bring energy and personality to your art. By the end of term, you'll have a strong foundation in drawing and a toolbox of techniques.

**Starts Monday 2nd February 9.30am-12 noon for 8 weeks.
Cost \$200. A materials list will be provided when booking.
Please note there will be no session on Monday 9th March.**

MIXED MEDIA FOR BEGINNERS WITH CRISS

This 8 week course is all about play, experimentation, and building confidence in your creativity. You'll explore stencils, spray paints, inks, collage, and more—layering textures and techniques to create striking, original works.

**Starts Monday 2nd February 12.30pm-3.00pm for 8 weeks.
\$240. All materials are included. Please note there will be no session on Monday 9th March.**

PHOTOGRAPHY- TAKING THE PHOTO

This introductory course with practical workshops provides a foundation in digital photography for beginners and for people wanting to learn more about photography and their camera.

The course will wrap up with a field trip to develop your eye and skills using a photographer's brief and put your learnings into action.

By the end of this course, you will better understand your camera and you'll be able to capture striking photographs that grab people's attention.

**Starts Tuesday 17th February 7.00pm-9.00pm for 6 weeks.
Cost \$200 with all notes included.**

DIGITAL MEDIA- MANAGEMENT AND PRINTING

NEW

Digital Media can be complex for enthusiasts and hobbyists. This course teaches participants to organise, edit, and manage their digital photos and graphics using the latest free software. Topics include image resolution, colour balancing, tone curves, and digital printing. Participants need a laptop and a digital camera. The course is taught by a professional with 40 years of experience, and it aims to demystify digital media processes and help hobbyists achieve high-quality results.

**Starts Wednesday 18th February 7.00pm-9.00pm for 6 weeks.
Cost \$200 with all notes included.**

KNITTING GROUP

Free

Come and join us for charity knitting and crochet sessions to help Bless Collective, Food Pantry and Beaconsfield Ambulance Service. With many local people currently in need of assistance, we hope this session will help bring knitters together as a social group whilst making items to donate to those in need.

**Monday 2nd February 1.00pm-3.00pm for 8 weeks.
Please note there will be no session on Monday 9th March.**

PATCHWORK/QUILTING/CRAFT CLASS

All are welcome to come along to this social group where you can finish off your own projects and start new ones. A lovely group of ladies and a friendly atmosphere.

**Starts Thursday 29th January 9.30am-12 noon for 10 weeks.
Cost \$5 per session.**

MAHJONG

Mahjong is a Chinese game popular during the twentieth century and has spread throughout the world. It is played with tiles based on Chinese characters and symbols. Mahjong can help improve memory and is an excellent social activity. New players are welcome, and we can teach anyone who wants to learn. A scoring table is now available for enthusiasts. It is a pleasant, interesting and challenging activity for all ages. Come and look and see for yourself.

**Starts Friday 30th January 11.00am-1.00pm for 10 weeks.
Cost \$5 per session.**

SEWING SISTERS

Join this informal, friendly group from beginners to experienced. Share skills and finish off those UFOs in Quilting, Patchwork, Embroidery, etc. New sisters are very welcome.

**Starts Friday 30th January 9.30am-1.00pm for 10 weeks.
Cost \$5 per session.**

GUITAR STRUMMING GROUP

This session will be for beginners who want to learn to play the guitar as a rhythm instrument and/or to play along with others in a group. For those who have never played before you will learn some basic chords and strumming patterns. For the more intermediate it will be an opportunity to learn and share ways to vary the playing of a song.

You will need a guitar, tuner, music stand and a capo.

**Running Tuesday 10th and 24th February and Tuesday 10th and 24th March
2.00pm-4.00pm.
Cost \$15 per session.**



SINGALONG WITH EDWARD

Basing our songs on covers from the 50s to the 70s chosen by the attendees, our wonderful guitar player Edward will strum along and add some tunes to the words. This is a friendly, social group where fun and singing are priority.

Running Monday 9th and 23rd February and Monday 23rd March 10.00am-12 noon. Cost \$10 per session.

PRIVACY: The Beaconsfield Neighbourhood Centre respects your right to privacy. All personal information collected is kept in accordance with information privacy laws.

Computers, Financial Help and Children's Programs.

DIGITAL LITERACY FOR ADULTS – LEVEL 2

NEW

Would you like to improve the way you use technology? Explore the use of different digital devices and how they can assist you every day.

This course will improve your confidence to connect with others and in the day-to-day use of technology.

- Build your email skills
- Expand your online search skills and use
- Being safe and secure online

- Managing your social media platforms
- Connecting to devices
- File management
- Day to day technology

Starts Monday 2nd February 9.00am-12.30pm for 8 weeks.
Cost \$50. Please note there will be no session on Monday 9th March.



Dancing with Miss Erin

BABY BEATS- BABIES AND TODDLERS 6-18 MONTHS

NEW

Baby Beats is a fun and engaging music, movement and sensory class for babies aged 6–18 months. Each session blends songs, gentle movement, play and sensory exploration to support early development. All in a warm, playful environment you and your little one will love.

Starts Tuesday 3rd February 11.45am-12.15pm for 9 weeks.
Cost \$81.

TEENY TINY DANCE – Strictly for 2-3 years

A class for the beginner toddler where they will learn dancing games along with basic movement and rhythm.

Starts Tuesday 3rd February 1.10pm-1.40pm for 9 weeks.
Cost \$81.

TINY TOTS JAZZ 3-5 years

An energetic class where children learn how to dance and have fun to upbeat children's songs.

Starts Tuesday 3rd February 12.30pm-1.00pm for 9 weeks.
Cost \$81.

TINY TOTS BALLET – Strictly for 3-5 years

A slower more poised class learning the basics of ballet and fairy dancing. Please note your child must have turned 3 years old before starting this class.

Starts Tuesday 3rd February 1.50pm-2.20pm for 9 weeks.
Cost \$81.

PRE-PRIMARY DANCE 4-6 years (KINDER OR PREP)

This class focuses on further developing skills and discipline through jazz and ballet style dance. Please wear appropriate dance attire and bring a drink bottle to class!

Starts Tuesday 3rd February 4.10pm-4.55pm for 9 weeks.
Cost \$90.

PRIMARY DANCE 6-8 years

A jazz style based dance class focusing on flexibility, technique and advance routines. Students will learn the discipline of a dance class within a fun and relaxed environment. No strict uniforms, however please come dressed in appropriate dance wear.

Starts Tuesday 3rd February 5.00pm-5.45pm for 9 weeks.
Cost \$90.

JUNIOR DANCE 9 years+

A jazz style based dance class suitable for children wanting to begin dancing at an older age. No strict uniforms, however please come dressed in appropriate dance wear.

Starts Tuesday 3rd February 5.50pm-6.35pm for 9 weeks.
Cost \$90.

Acro with Miss Erin

Acrobatics uses strength and flexibility to perform gymnastic-based tricks. Students will learn skills in tumbling, flexibility, balance, strength, and coordination in a fun and friendly environment.

TINY TUMBLERS ACRO FOR 3-5 YEARS

NEW

Designed for little movers with big energy, this class combines stretching, strength play and beginner acro skills and safe entry-level tricks, all while building confidence, coordination and body awareness.

Starts Thursday 5th February 4.00pm-4.30pm for 9 weeks.
Cost \$99.

ACRO 1: BEGINNER-INTERMEDIATE FOR 5 YEARS (TURNING 6)

Our Primary Acro class is ideal for students who are ready to expand their strength, flexibility and acrobatic skills. This beginner-intermediate level class focuses on building strong foundations while progressing toward more challenging skills.

Starts Thursday 5th February 4.40pm-5.25pm for 9 weeks.
Cost \$108.

ACRO 2: INTERMEDIATE-ADVANCED FOR 9 YEARS (TURNING 10) +

LONGER
CLASS TIME

Our Intermediate-Advanced Acro class is designed for students who are ready to take their strength, flexibility and acrobatic technique to the next level. This class focuses on developing power, control and precision through skills such as walkovers, aerial prep, handsprings, balances, partner work and advanced tumbling progressions.

Starts Thursday 5th February 5.30pm-6.30pm for 9 weeks.
Cost \$135.



Children's Room

Start your child's early learning adventures in our purpose built Children's Room. Journey through these exciting stages of development in a flexible and welcoming environment and be completely ready to enter the formal education system.

Playgroup with Alicia -For parents/carers with children aged up to 5 years.

Activities are set up ready for you and your children to enjoy. Children require a snack, drink and suitable clothing for messy activities and outdoor play. A great beginning for your child to learn through play and socialising and an opportunity for you to meet other parents from the community. It also familiarises the children with our Children's Room which eases the anxiety when it's time for Occasional Care.

**Starts Tuesday 3rd February 9.00am-11.00am and 11.30am-1.30pm for 9 weeks.
Cost for first child \$67.50, second child \$36, third child and babies under 6 months old \$22.50.**

Occasional Care

Our Occasional Care program offers quality care for children between 18 months and 5 years. A wide range of activities are provided for the children by our qualified and experienced staff. Occasional Care is often the first time parents leave their children. Our staff are skilled with strategies for separation anxiety and helping you both with the transition. Care can be permanent or casual.

Sessions start Wednesday 28th January and run Mondays, Wednesdays, Thursdays and Fridays 8.30am-4.30pm during term time. Cost \$94.80 per session.

Emergency and casual spots are charged at \$13.00 per hour for a minimum of 3 hours. Please contact the Children's Room directly on 0413 054 559 for availability.

Occasional Care Holiday Program

We now run our popular Occasional Care program through most school holidays. Spots are available to everyone and are booked on a first come first served basis.

Please contact the Children's Room directly on 0413 054 559 for more information and to reserve your spot.

You may be eligible for Child Care Subsidy which would give you discounted fees. Please see the office for more information.



OTHER USUAL ACTIVITIES AT THE CENTRE

- BNC weekend Hall Hire: Contact Cardinia Shire on 1300 787 624 and ask for Connected Communities.
- Beaconsfield Taekwondo- For class details and availability visit www.beaconsfieldtaekwondo.com.au
- Counselling - Students, Adults, Couples & Families. Contact Kathy Brennan on 0417 038 983 for details.
- Fire Church: Every Sunday 10.00am. Contact Lee on 0420 942 940.
- Happiness is the path: Holistic wellbeing, mindfulness and life coach. Contact Sanjaya on 0493 104 233 or visit www.happinessthepath.com
- Immunisation: contact Cardinia Council Environmental Health department 5945 0444.
- Judie Hind-Roff. Children and adults counselling. Medicare rebates available. No waiting list. Tel. 0438 995 065.
- Maternal & Child Health at the Centre on Tuesdays, Wednesdays, Fridays and every first & third Thursday of the month. Contact 5943 4250 for all enquiries and appointments.
- Men's Group. Social group for men nearing or entering retirement: contact John 0431 844 833.
- Table Tennis Wednesdays: Contact Kevin 0438 638 477.

WEEKEND HALL HIRE

Contact 'Connected Communities'
at Cardinia Shire Council.
Tel. 1300 787 624 or Email
connectedcommunities@cardinia.vic.gov.au

TERM DATES FOR 2026

Term 2- Monday 20th April to Friday 26th June

Term 3- Monday 13th July to Friday 18th Sept

Term 4- Monday 5th Oct to Friday 18th Dec

**The following services are available
at the office...**

Photocopying: Black & White A4 20¢, A3 50¢.
Colour A4 50¢, A3 \$1. Laminating: A4 \$2, A3 \$4.
Contact the office with any enquiries on 8768-4400

BNC would like to thank Community Bank
Beaconsfield District and Woolworths Beaconsfield
for their wonderful support of our food pantry
providing food and pantry items for those in need.



Bendigo Bank

Community Bank
Beaconsfield
District

BNC is now registered with the Victorian Container Deposit Scheme.



If you would like to make a donation to
the Centre when recycling your
containers, please use the barcode
shown or input the code C2000009139

We thank you for your donations.



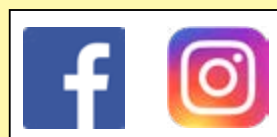
We would like to thank our advertisers for their
assistance in supporting our Neighbourhood Centre.
If you would like to advertise in our Term program
please contact Sue in the office 8768-4400.

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FIND US ONLINE

www.bncinc.org.au



We have Beaconsfield Neighbourhood Centre GIFT VOUCHERS available for purchase from the office.