



TERM 3 2026

Monday 13th July to
Friday 18th September

There are no strangers here, only friends you haven't met before.



FREE TAX HELP FOR LOWER INCOME EARNERS from July to October. Bookings essential.
For more information and to book your spot, call 8768 4400.

CENTRE CONTACT DETAILS:

Office hours: Monday – Thursday 9.00am – 3.00pm and Friday 9.00am – 1.00pm during school terms.
Phone 8768 4400 Email contactus@bncinc.org.au Web www.bncinc.org.au

ABN: 84954869011

8 O'Neil Rd Beaconsfield 3807





Bookings and Payments

Bookings are essential for all our courses and workshops. We try to make our classes as affordable as possible. When you book, you are required to pay the full course fee for the term which is listed in this program with the course description (with the exception of casual weekly payments).

However, we do not want people to miss out and payment plans can be worked out with the Coordinator. All discussions will be kept confidential. Unless other arrangements have been made with the Coordinator, payments must be made before you commence the course.

Payments can be made:-

- At the Centre with cash, cheque or card
- Over the phone
- By Direct Deposit: Bendigo Bank
Account Name: Beaconsfield Neighbourhood Centre
BSB: 633 000 Account Number: 145053849
Please use your surname and course name as a booking reference when paying by Direct Deposit.

Cancellation and Refunds

All courses are **non-refundable** unless there are exceptional circumstances. If a course is cancelled due to insufficient numbers, the Centre will contact you and a full refund will be given.

Occasional Care & Playgroups

Due to the need for program planning, staffing and demand for our Occasional Care programs and Playgroups, deposits paid for these programs are non-refundable.

Membership

Membership for 2026 is \$15 Family and \$12 Concession. Workshop memberships are \$4.

It is Committee of Management Policy that everyone who takes part in Neighbourhood Centre courses becomes a member of the Centre. The annual membership fee is non-refundable and assists with the day to day running costs of the Centre.

Membership also gives you free:-

- Access to the Centre's computers
- Access to the Centre's WiFi (with daily download limits)
- Use of the Centre's facilities
- Tea, coffee and biscuits

Community Meetings

Beaconsfield Progress Association

Meetings are held the 3rd Tuesday night of each month – 7.30pm – 9.30pm. Come and have your say about what is happening in town. All welcome!

Beaconsfield Banner- Neighbourhood Natter

BNC contributes a page towards the BPA's Beaconsfield Banner three times per year. We always welcome new articles so please email any ideas through to contactus@bncinc.org.au.

BNC Meetings

Our Committee of Management meets on a monthly basis. Please contact the office to confirm the next date and time.

Men's Discussion Group

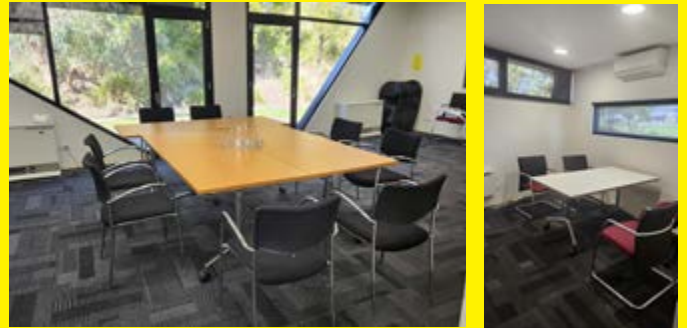
Come along to this friendly environment where you will discuss issues that can arise as you near or enter retirement.

**Monday 20th July, Monday 17th August
and Monday 21st September
9.30am-12 noon.**

**Cost:- Free for your first session
and \$5 for every session thereafter.**

Contact:- John 0431 844 833.

Room Hire at BNC



BNC has several room options for weekday hire depending on your needs:-

Hall (Mon-Thurs evenings only)

Meeting Room


Craft Room

VIP/Consulting Room

**Please contact Leanne on 8768 4400
or admin@bncinc.org.au for more
information or to book a viewing.**

www.bncinc.org.au

Visit our website for up to date information and everything you need to know about BNC.

 **Digital Pacific**

We would like to thank Digital Pacific for their continued support of our Neighbourhood Centre through their generous donation of web hosting for our website.

Term 3 Highlights

RUSTIC ROSES FLORAL CUPCAKES WORKSHOP (BOX OF 2)

NEW

In this new workshop, our wonderful tutor Sonam brings the art of cake decorating to another level, teaching students how to pipe a buttercream Rose on top of each cupcake.

Wednesday 19th August 10.00am-12 noon.

Cost \$90 with everything included.



RUSTIC ROSES FLORAL CUPCAKES WORKSHOP (BOX OF 4)

NEW

In addition to her beautiful roses, this workshop also covers Dahlias and every student will decorate and take home 2 of each flower in the box of 4.

Wednesday 26th August 6.00pm-8.00pm.

Cost \$150 with everything included.

NURSE NEXT DOOR INFORMATION SESSION

FREE

We are delighted to welcome back Nurse Next Door for this information-packed free talk covering their home care assisted program. This program offers a variety of services from domestic assistance to personal care, nursing care, companionship to palliative care to name a few. There will also be information on how to source funding from the government and the process involved. A Q&A session will complete the talk along with some information pamphlets to take home and a free blood pressure check if requested.

Thursday 20th August 10.00am-11.30am.

POPPIES IN THE COMMUNITY

FREE

Let's deck out Beaconsfield with hand-crafted Poppies for next year's Anzac Day.

We are looking for interested crafters who would like to contribute poppies and help out with the decorating.

We plan a monthly meeting for patterns, materials, ideas and support. For more information or to register your interest, please contact the office.

LADIES NIGHT AT BEACONSFIELD MITRE 10

FREE

- Come along to learn from industry professionals how to complete home and garden projects
- No prior knowledge or experience is required
- A fun and free evening
- Food and drink provided
- Specials and giveaways on the night

Thursday 17th September 6.00pm-8.00pm.

Run onsite at Mitre 10, Old Princes Hwy, Beaconsfield.



GETTING BACK INTO THE WORKFORCE WITH A DISABILITY

FREE

Come along to this free talk which gives you more information about the Salvation Army's IEA support program. This program helps people with disability prepare for, find, and keep a job that suits their goals. Support is ongoing and tailored - delivered face-to-face, by phone, video, email or text - and adapts as your circumstances change.



Employment Plus

They will work with you, and with employers who are ready to do things differently, to build something that works from day one and keeps working long term. This isn't about ticking boxes - it's about finding the right job, in the right way, for the right person.

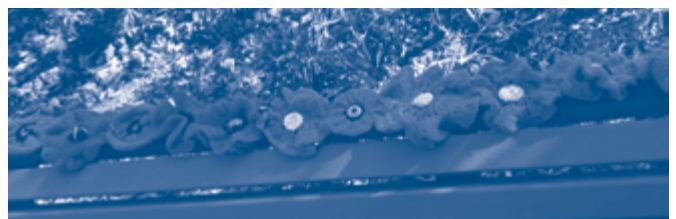
Monday 31st August 10.00am-12 noon.

No charge for this session but advance bookings essential to confirm numbers.

Term 3 sessions will be Monday 3rd August and Monday 7th September 10.00am -12 noon. No charge for these sessions.

If you would like to contribute but cannot attend the monthly sessions, please contact the office as we would love to have your input.

This is a community initiative suggested by Beaconsfield Progress Association who organise the Beaconsfield Anzac Memorial Service each year.



For the social...

MEN'S GROUP – Invitation to men over 50

Meet, talk and enjoy the company of others in this informative private session discussing issues that can arise as you near or enter retirement.

Monday 20th July, Monday 17th August and Monday 21st September 9.30am-12 noon.

Cost is \$5 per session.

MIDWAY

This friendly and fun-loving 60s plus women's group meets for activities, a good chat and afternoon tea. Register your interest at the office.

Starts Monday 13th July 1.00pm-3.00pm for 10 weeks.
Cost \$5 per session

BNC SOCIAL CHESS

For players at a Beginners to Intermediate level, this weekly social group will meet with 10 and 20 minute formatted games round robin style.

Starts Monday 20th July 6.00pm-8.00pm.
Cost \$5 per week.



SOCIAL CARD GROUP

Come and play 500 in this social, friendly group which stems from the original Probus Cards group. Beginners are welcome to come and observe for no charge. After learning how to play from watching the experienced players, new members can then join the games.

Thursday 23rd July, and Thursday 27th August.
September date TBC.
Cost \$5 per session.

For the body and mind...

DAYTIME YOGA WITH KAREN

Including a gentle series of physical movements that will improve flexibility, this class will build physical strength, promote better breathing, ease stress, reduce back pain and build self esteem. Exercises are simple and non-competitive encouraging you to move at your own pace.

Starts Tuesday 14th July 9.15am-10.30am for 10 weeks.
Cost \$140 or \$15 weekly.

EVENING YOGA WITH ROSA

A Yoga class designed for everyone. It is structured to help improve general wellbeing, flexibility, balance and strength practicing various yoga poses as well as clarity and calmness of the mind through meditation and savasana.

Starts Thursday 16th July 6.00pm-7.15pm for 10 weeks.
Cost \$140 for the term.

SIT DOWN EXERCISE

Move it... safely on the seat of your chair. Suitable for over 55s, this class improves flexibility and strength in later years. The chair and hollow tube provided help with both momentum and support for safe exercising.

Starts Wednesday 15th July 10.30am-11.30am.
Cost \$2 per session.



PRIVACY: The Beaconsfield Neighbourhood Centre respects your right to privacy. All personal information collected is kept in accordance with information privacy laws.

THE COURAGEOUS JOURNEY

Have you experienced challenges in living your life with purpose? The Courageous Journey is an opportunity to build new realities in your life guided by Success Coach Geoff Edwards.

Starts Tuesday 4th August 7.00pm-8.30pm for 5 weeks.
Cost \$100.

For the energetic...

TABLE TENNIS FOR OVER 50s

All levels welcome for this fun group having a great time keeping fit, enjoying a cuppa and social chat. On Fridays, we also have a specific competition table available for those who are more experienced.

Starts Monday 13th July 12.30pm-3.00pm, Thursday 16th July 12.30pm-3.00pm and Friday 17th July 12.00pm-3.00pm for 10 weeks. Cost \$5 per session.

GENERAL LINE DANCING WITH ANNA

Come along and enjoy all types of music in this fun and social class. Previous Line Dancing experience required.

Starts Tuesday 14th July 10.00am-12 noon for 10 weeks.
Cost \$7 per week.

EASY BEGINNER LINE DANCING WITH NATHALIE

Join our line dancing community and open a new world of friends, fun and laughs. Good exercise for the body and mind. A minimal level of previous dancing experience is required as this class is not for absolute beginners.

Starts Thursday 16th July 10.00am-12 noon for 10 weeks.
Cost \$7 per week.

EXPRESSION OF INTEREST

In Term 3, are looking to add an extra 30 minute session from 9.30am-10.00am for all line dancers who would like to sharpen up their basic skills and steps. This session will be for Beginners and those who would like to improve their knowledge of the basics. Please contact the office if you would like to attend.

STRENGTH TRAINING FOR OVER 50s with Debbie (Beginners to Intermediate)

A combination of strength training exercises for the whole body. With the use of hand weights, enthusiasm and smiles. All of the body benefits from this class. Even the Soul!

Starts Wednesday 15th July 9.30am-10.15am.
Cost \$80 for the 10 week term or \$10 casually per session.

STRENGTH TRAINING FOR THE YOUNG AT HEART (Intermediate to Advanced)

Join this combination class including the use of weights and formatted sessions. Please bring a drink bottle, hand towel and enthusiastic smiles!

Starts Friday 17th July 9.30am-10.15am.
Cost \$80 for the 10 week term or \$10 casually per session.

STRENGTH TRAINING PILATES FOR OVER 50s WITH TERESA

A Pilates class for building inner strength, toning and trimming with all levels welcomed.

Starts Monday 13th July 9.30am-10.15am or 10.30am-11.15am. Cost \$80 for the 10 week term or \$10 casually per session.

POWER PILATES

A low impact workout suitable for all ages and most abilities. This workout is sure to strengthen, lengthen, trim and tone your whole body, including your core. An adaptable workout that allows you to work at your own level and fitness ability. Find your power and your strength again to move easier and feel great everyday.

Starts Friday 17th July 10.30am-11.15am. Cost \$80 for the 10 week term or \$10 casually per session.

WALKING GROUP

Would you like to be part of a local walking group and socialise while you get some fresh air and exercise? Come along and join this friendly bunch doing local walks, learning some new trails and enjoying some time outdoors.

Starts Friday 17th July at 10.00am for 10 weeks.

NEW VOGUE, BALLROOM AND LATIN DANCING

How about you start something new today and make friends too? Come and join us for some fun learning easy New Vogue, Ballroom & Latin dances with lots of happy interaction. Our qualified instructor ensures that everyone enjoys acquiring new skills, whilst gaining many health benefits from this joyful exercise. Enrol now and discover a new you!

Starts Thursday 16th July 7.15pm-8.15pm for 10 weeks. Cost \$140 for the term.

Creative Art & Home Industry

DRAWING WITH CRISS

Discover the art of drawing—one mark at a time! In this course we'll explore everything from technical skills like proportion, shading, and perspective to more expressive approaches that bring energy and personality to your work. Suitable for beginners and intermediates, everyone will explore the same core exercises, with the option to choose simpler or more complex compositions depending on your experience. By the end of term, you'll have strengthened your drawing skills and built a versatile toolbox of techniques.

Starts Monday 13th July 9.30am-12 noon for 10 weeks. Cost \$250. A materials list will be provided when booking.

MIXED MEDIA FOR BEGINNERS WITH CRISS

This 10 week course is all about play, experimentation, and building confidence in your creativity. You'll explore stencils, spray paints, inks, collage, and more—layering textures and techniques to create striking, original works.

Starts Monday 13th July 12.30pm-3.00pm for 10 weeks. \$300. All materials are included.

PHOTOGRAPHY- TAKING THE PHOTO

This course for beginners to intermediate students with practical workshops provides a foundation in digital photography for beginners and for people wanting to learn more about photography and their camera.

The course will wrap up with a field trip to develop your eye and skills using a photographer's brief and put your learnings into action. By the end of this course, you will better understand your camera and you'll be able capture striking photographs that grab people's attention.

Starts Tuesday 4th August 7.00pm-9.00pm for 6 weeks. Cost \$200 with all notes included.

KNITTING GROUP

Free

Come and join us for knitting and crochet sessions to help local charities in need. With many local people currently in need of assistance, we hope this session will help bring knitters together as a social group whilst making items to donate to those in need. Donations of wool are always gratefully received.

Starts Monday 13th July 1.00-3.00pm for 10 weeks.

PATCHWORK/QUILTING/CRAFT CLASS

All are welcome to come along to this social group where you can finish off your own projects and start new ones. A lovely group of ladies and a friendly atmosphere.

Starts Thursday 16th July 9.30am-12 noon for 10 weeks. Cost \$5 per session.

MAHJONG

Mahjong is a Chinese game popular during the twentieth century and has spread throughout the world. It is played with tiles based on Chinese characters and symbols. Mahjong can help improve memory and is an excellent social activity. New players are welcome, and we can teach anyone who wants to learn. A scoring table is now available for enthusiasts. It is a pleasant, interesting and challenging activity for all ages. Come and look and see for yourself.

Starts Friday 17th July 11.00am-1.00pm for 10 weeks. Cost \$5 per session.

SEWING SISTERS

Join this informal, friendly group from beginners to experienced. Share skills and finish off those UFOs in Quilting, Patchwork, Embroidery, etc. New sisters are very welcome.

Starts Friday 17th July 9.30am-1.00pm for 10 weeks. Cost \$5 per session.

SINGALONG WITH EDWARD

Basing our songs on covers from the 50s to the 70s chosen by the attendees, our wonderful guitar player Edward will strum along and add some tunes to the words. This is a friendly, social group where fun and singing are priority.

Running Monday 13th and 27th July, Monday 10th and 24th August and Monday 7th September 10.00am-12 noon. Cost \$10 per session.

GUITAR STRUMMING GROUP

This session will be for beginners who want to learn to play the guitar as a rhythm instrument and/or to play along with others in a group. For those who have never played before you will learn some basic chords and strumming patterns. For the more intermediate it will be an opportunity to learn and share ways to vary the playing of a song. You will need a guitar, tuner, music stand and a capo.

Running Tuesday 14th and 28th July, Tuesday 11th and 25th August and Tuesday 8th September 2.00pm-4.00pm. Cost \$15 per session.

Beaconsfield Neighbourhood Centre is supported by:



Microsoft Office for Beginners

NEW

Build confidence with every click - learn the basics of Microsoft 365 (Microsoft Office): OneDrive, Word, Excel, PowerPoint and more. Understand everyday computer tasks and practise new skills with guidance on hand. Perfect for beginners who want to feel capable, independent and connected using Office/365, and those who would like to use the online version to say goodbye to desktop apps. BYO USB stick.

Starts Monday 13th July 9.30am-12.30pm for 10 weeks.
Cost \$45.



Dance classes with Miss Erin

BABY BEATS- BABIES AND TODDLERS 1-2 YEARS

Baby Beats is a fun and engaging music, movement and sensory class for babies aged 1-2 years old. Each session blends songs, gentle movement, play and sensory exploration to support early development. All in a warm, playful environment you and your little one will love.

Starts Thursday 16th July 2.15pm-2.45pm for 10 weeks.
Cost \$90.

TEENY TINY DANCE – Strictly for 2-3 years

A class for the beginner toddler where they will learn dancing games along with basic movement and rhythm.

Starts Tuesday 14th July 1.10pm-1.40pm for 10 weeks.
Cost \$90.

TINY TOTS JAZZ 3-5 years

An energetic class where children learn how to dance and have fun to upbeat children's songs.

Starts Tuesday 14th July 12.30pm-1.00pm for 10 weeks.
Cost \$90.

TINY TOTS BALLET – Strictly for 3-5 years

A slower more poised class learning the basics of ballet and fairy dancing. Please note your child must have turned 3 years old before starting this class.

Starts Tuesday 14th July 1.50pm-2.20pm for 10 weeks.
Cost \$90.

PRE-PRIMARY DANCE 4-6 years (KINDER OR PREP)

This class focuses on further developing skills and discipline through jazz and ballet style dance. Please wear appropriate dance attire and bring a drink bottle to class!

Starts Tuesday 14th July 4.10pm-4.55pm for 10 weeks.
Cost \$100.

PRIMARY DANCE 6-8 years

A jazz style based dance class focusing on flexibility, technique and advance routines. Students will learn the discipline of a dance class within a fun and relaxed environment. No strict uniforms, however please come dressed in appropriate dance wear.

Starts Tuesday 14th July 5.00pm-5.45pm for 10 weeks.
Cost \$100.

JUNIOR DANCE 8-12 YEARS

**LONGER
CLASS TIME**

A jazz style based dance class suitable for children wanting to begin dancing at an older age. No strict uniforms, however please come dressed in appropriate dance wear.

Starts Tuesday 14th July 5.50pm-6.50pm for 10 weeks.
Cost \$120.

Acro with Miss Erin

Acrobatics uses strength and flexibility to perform gymnastic-based tricks. Students will learn skills in tumbling, flexibility, balance, strength, and coordination in a fun and friendly environment.

TINY TUMBLERS ACRO FOR 3-5 YEARS

Designed for little movers with big energy, this class combines stretching, strength play and beginner acro skills and safe entry-level tricks, all while building confidence, coordination and body awareness.

Starts Thursday 16th July 4.00pm-4.30pm for 10 weeks.
Cost \$100.

ACRO 1: BEGINNER-INTERMEDIATE FOR 5 YEARS (TURNING 6)

Our Primary Acro class is ideal for students who are ready to expand their strength, flexibility and acrobatic skills. This beginner-intermediate level class focuses on building strong foundations while progressing toward more challenging skills.

Starts Thursday 16th July 4.40pm-5.25pm for 10 weeks.
Cost \$120.

ACRO 2: INTERMEDIATE-ADVANCED FOR 9 YEARS (TURNING 10) +

**LONGER
CLASS TIME**

Our Intermediate-Advanced Acro class is designed for students who are ready to take their strength, flexibility and acrobatic technique to the next level. This class focuses on developing power, control and precision through skills such as walkovers, aerial prep, handsprings, balances, partner work and advanced tumbling progressions.

Starts Thursday 16th July 5.30pm-6.30pm for 10 weeks.
Cost \$150.





Children's Room

Start your child's early learning adventures in our purpose built Children's Room. Journey through these exciting stages of development in a flexible and welcoming environment and be completely ready to enter the formal education system.

Playgroup with Alicia -For parents/carers with children aged up to 5 years.

EXTRA DAY ADDED

Activities are set up ready for you and your children to enjoy. Children require a snack, drink and suitable clothing for messy activities and outdoor play. A great beginning for your child to learn through play and socialising and an opportunity for you to meet other parents from the community. It also familiarises the children with our Children's Room which eases the anxiety when it's time for Occasional Care.

Starts Monday 13th July and Tuesday 14th July 9.30am-11.30am for 10 weeks.
Cost for first child \$75, second child \$40, third child and babies under 6 months old \$25.

Occasional Care

Our Occasional Care program offers quality care for children between 18 months and 5 years. A wide range of activities are provided for the children by our qualified and experienced staff. Occasional Care is often the first time parents leave their children. Our staff are skilled with strategies for separation anxiety and helping you both with the transition. Care can be permanent or casual.

Sessions start Wednesday 15th July and run Wednesdays, Thursdays and Fridays
8.30am-4.30pm during term time.
Cost \$94.80 per session.

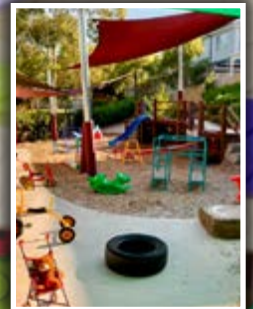
Emergency and casual spots are charged at \$13.00 per hour for a minimum of 3 hours. Please contact the Children's Room directly on 0413 054 559 for availability.

Occasional Care Holiday Program

We now run our popular Occasional Care program through most school holidays. Spots are available to everyone and are booked on a first come first served basis.

Please contact the Children's Room directly on 0413 054 559 for more information and to reserve your spot.

You may be eligible for Child Care Subsidy which would give you discounted fees. Please see the office for more information.



OTHER USUAL ACTIVITIES AT THE CENTRE

- BNC weekend Hall Hire: Contact Cardinia Shire on 1300 787 624 and ask for Connected Communities.
- Beaconsfield Taekwondo- For class details and availability visit www.beaconsfieldtaekwondo.com.au
- Counselling - Students, Adults, Couples & Families. Contact Kathy Brennan on 0417 038 983 for details.
- Fire Church: Every Sunday 10.00am. Contact Lee on 0420 942 940.
- Judie Hind-Roff. Children and adults counselling. Medicare rebates available. No waiting list. Tel. 0438 995 065.
- Maternal & Child Health at the Centre on Tuesdays, Wednesdays and every first & third Thursday of the month. Contact 5943 4250 for all enquiries and appointments.
- Men's Group. Social group for men nearing or entering retirement: contact John 0431 844 833.
- Men's Strength (5.45pm) and Women's Pilates (6.45pm) classes Wednesday nights. Focusing on Balance, Core, Strength and Mobility. Contact Teresa on 0402 961 588 for more information.
- Table Tennis Wednesdays: Contact Kevin 0438 638 477.

WEEKEND HALL HIRE

Contact 'Connected Communities' at Cardinia Shire Council.
Tel. 1300 787 624 or Email connectedcommunities@cardinia.vic.gov.au

TERM DATES FOR 2026

Term 3- Monday 13th July to Friday 18th Sept
Term 4- Monday 5th Oct to Friday 18th Dec

The following services are available at the office...

Photocopying: Black & White A4 20¢, A3 50¢.
Colour A4 50¢, A3 \$1. Laminating: A4 \$2, A3 \$4.
Contact the office with any enquiries on 8768-4400

BNC would like to thank Community Bank Beaconsfield District and Woolworths Beaconsfield for their wonderful support of our food pantry providing food and pantry items for those in need.



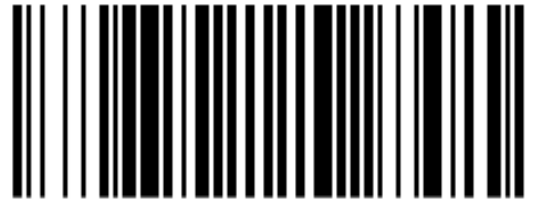
Bendigo Bank

Community Bank
Beaconsfield District

BNC is now registered with the Victorian Container Deposit Scheme.



If you would like to make a donation to the Centre when recycling your containers, please use the barcode shown or input the code C2000009139



We thank you for your donations.



We would like to thank our advertisers for their assistance in supporting our Neighbourhood Centre.

If you would like to advertise in our Term program please contact Sue in the office 8768-4400.

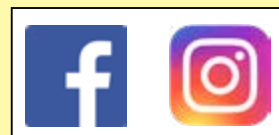


This program was printed by Bounty Print.
Design and layout by designjase.com.au



FIND US ONLINE

www.bncinc.org.au



We have Beaconsfield Neighbourhood Centre GIFT VOUCHERS available for purchase from the office.