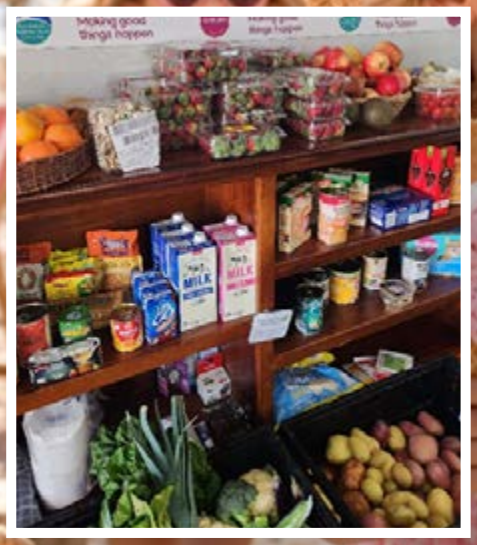
Beaconsfield Neighbourhood Centre Inc

# TERM 1 2027

## Wednesday 27th January to Thursday 25th March.

*There are no strangers here, only friends you haven't met before.*









**Centre Closure: Monday 8th March- Labour Day.**


**CENTRE CONTACT DETAILS:**

Office hours: Monday – Thursday 9.00am - 3.00pm and Friday 9.00am - 1.00pm during school terms.

Phone 8768 4400 Email contactus@bncinc.org.au Web www.bncinc.org.au

ABN: 84954869011

8-18 O'Neil Rd Beaconsfield 3807

## Bookings and Payments

Bookings are essential for all our courses and workshops. We try to make our classes as affordable as possible. When you book, you are required to pay the full course fee for the term which is listed in this program with the course description (with the exception of casual weekly payments).

However, we do not want people to miss out and payment plans can be worked out with the Coordinator. All discussions will be kept confidential. Unless other arrangements have been made with the Coordinator, payments must be made before you commence the course.

Payments can be made:-

- At the Centre with cash, cheque or card
- Over the phone
- By Direct Deposit: Bendigo Bank
  Account Name: Beaconsfield Neighbourhood Centre
  BSB: 633 000 Account Number: 145053849
  Please use your surname and course name as a booking reference when paying by Direct Deposit.

## Cancellation and Refunds

All courses are **non-refundable** unless there are exceptional circumstances. If a course is cancelled due to insufficient numbers, the Centre will contact you and a full refund will be given.

**Occasional Care & Playgroups**

Due to the need for program planning, staffing and demand for our Occassional Care programs and Playgroups, deposits paid for these programs are non-refundable.

## Membership

Membership for 2027 is $15 Family, $12 Concession and $4 Workshop.

It is Committee of Management Policy that everyone who takes part in Neighbourhood Centre courses becomes a member of the Centre. The annual membership fee is non-refundable and assists with the day to day running costs of the Centre.

**Membership also gives you free:-**

- Access to the Centre's computers
- Access to the Centre's WiFi (with daily download limits)
- Use of the Centre's facilities
- Tea, coffee and biscuits

## Community Meetings

**Beaconsfield Progress Association**

Meetings are held bi-monthly on the third Tuesday of the month and will commence for 2027 on Tuesday 16th February at 7.30pm.

**Beaconsfield Banner- Neighbourhood Natter**

BNC contributes a page towards the BPA's Beaconsfield Banner three times per year. We always welcome new articles so please email any ideas through to contactus@bncinc.org.au.

**BNC Meetings**

Our Committee of Management meets on a monthly basis. Please contact the office to confirm the next date and time.

## Men's Discussion Group

Come along to this friendly environment where you will discuss issues that can arise as you near or enter retirement.

Monday 15th February and Monday 15th March.

Cost:- Free for your first session and $5 for every session thereafter.

Contact:- John 0431 844 833.

## BNC BOOK CLUB



**We are delighted to announce 3 available spots in our BNC Book Club.**

**Members will meet once a month to discuss each book.**

**Term 1 dates are Wednesday 24th February and Wednesday 24th March 7.30pm start.**

**Cost is $20 for the year.**

## www.bncinc.org.au

Visit our website for up to date information and everything you need to know about BNC.

Digital Pacific

We would like to thank Digital Pacific for their continued support of our Neighbourhood Centre through their generous donation of web hosting for our website.

# Term 1 Highlights

## OLD TIMES, NEW BODY!

NEW

Remember those tummy, thighs and hips classes? This is a classic class designed with the whole body in mind but concentrating mostly on the lower half. There will be mat and ball work where fun and hard work combine to help achieve the results you want.

**Starts Monday 8th February 6.30pm-7.15pm for 6 weeks. Cost $48 for the term. No casual weekly payments for this class.**




## RESUSCITATE A MATE (CPR) - CLASSROOM INCURSION

FREE

In this simple and very practical CPR session, participants will learn basic CPR and the 'DRSABCD' steps of managing emergency situations. Our Life Saving Victoria Educator will bring along mannequins for participants to use for a hands-on approach to learning.

**Please note- This course does not offer an accredited CPR or First Aid Qualification but does provide extremely valuable and potentially lifesaving knowledge. Wednesday 3rd March 11.00am-12.30pm. No cost for this session but booking is essential to confirm numbers.**



## SATURDAY MORNING PHOTOGRAPHY WALKS

Come along on a gentle 4 hour walk, guided by our local and knowledgeable photography expert Rod. There will be a range of topics and interests including:-

NEW

- Botanic Gardens
- Birds
- Panoramic & Landscape
- Industrial
- Coastal
- Night-time & Golden Hour (morning)

Each walk will have its own dedicated session.

**Register your interest on 8768 4400 and once we have enough numbers, a date will be arranged. Cost $25 per person.**



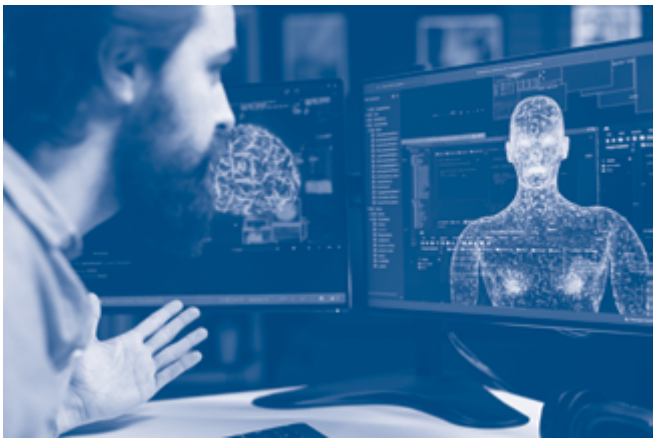
## YOUR AI REALITY CHECK

NEW

Is AI capability rendering us more incapable? This 5 week course is an opportunity to build your own capability guided by Success Coach Geoff Edwards. You will:

- Reflect on how AI is impacting our lives today
- What this means for you
- Identify new reality for you in decision making, communications and resilience
- Start the new year with certainty in your skills and abilities and directions
- Manage the AI world around you in 2027

**Starts Tuesday 23rd February 7.00pm-8.30pm for 5 weeks. Cost $100 with all notes included.**



# For the social...

## MEN'S GROUP – Invitation to men over 50

Meet, talk and enjoy the company of others in this informative private session discussing issues that can arise as you near or enter retirement.

**Monday 15th February and Monday 15th March 9.30am-12 noon. Cost $5 per session.**

## MIDWAY

This friendly and fun-loving 60s plus women's group meets for activities, a good chat and afternoon tea. Register your interest at the office.

**Starts Monday 1st February 1.00pm-3.00pm for 7 weeks. Cost $5 per session.**
**Please note there will be no session on Monday 8th March.**

## BNC SOCIAL CHESS



For players at a Beginners to Intermediate level, this weekly social group will meet with 10 and 20 minute formatted games round robin style.

**Starts Monday 8th February 6.00pm-8.00pm for 6 weeks. Cost $5 per week.**
**Please note there will be no session on Monday 8th March.**

## SOCIAL CARD GROUP

Come and play 500 in this social, friendly group which stems from the original Probus Cards group. Beginners are welcome to come and observe for no charge. After learning how to play from watching the experienced players, new members can then join the games.

**Thursday 25th February and Thursday 25th March 1.00pm-5.00pm.**
**Cost $5 per session.**

# For the body and mind...

## DAYTIME YOGA WITH KAREN

Including a gentle series of physical movements that will improve flexibility, this class will build physical strength, promote better breathing, ease stress, reduce back pain and build self esteem. Exercises are simple and non-competitive encouraging you to move at your own pace.

**Starts Tuesday 2nd February 9.15am-10.30am for 8 weeks. Cost $112 or $15 weekly.**

## EVENING YOGA WITH ROSA

A Yoga class designed for everyone. It is structured to help improve general wellbeing, flexibility, balance and strength practicing various yoga poses as well as clarity and calmness of the mind through meditation and savasana.

**Starts Thursday 28th January 6.00pm-7.15pm for 9 weeks. Cost $126 for the term.**

# For the energetic...

## TABLE TENNIS FOR OVER 50s

All levels welcome for this fun group having a great time keeping fit, enjoying a cuppa and social chat. On Fridays, we also have a specific competition table available for those who are more experienced.

**Starts Monday 1st February 12.30pm-3.00pm for 8 weeks, Wednesday 27th January 1.00pm-3.00pm, Thursday 28th January 12.30pm-3.00pm and Friday 29th January 12.00pm-3.00pm for 9 weeks. Cost $5 per session.**

## GENERAL LINE DANCING WITH ANNA

Come along and enjoy all types of music in this fun and social class. Previous Line Dancing experience required.

**Starts Tuesday 2nd February 10.00am-12 noon for 8 weeks. Cost $7 per week.**

## EASY BEGINNER LINE DANCING WITH NATHALIE

Join our line dancing community and open a new world of friends, fun and laughs. Good exercise for the body and mind. A minimal level of previous dancing experience is required as this class is not for absolute beginners.

**Starts Thursday 28th January 10.00am-12 noon for 9 weeks. Cost $7 per week.**

## STRENGTH TRAINING FOR OVER 50s with Debbie (Beginners to Intermediate)

A combination of strength training exercises for the whole body. With the use of hand weights, enthusiasm and smiles. All of the body benefits from this class. Even the Soul!

**Starts Wednesday 27th January 9.30am-10.15am. Cost $72 for the 9 week term or $10 casually per session.**

## STRENGTH TRAINING FOR THE YOUNG AT HEART (Intermediate to Advanced)

Come and join this circuit and strength training class using formatted cardio and weights. Please bring a drink bottle, hand towel and enthusiasm along with a smile.

**Starts Friday 29th January 9.30am-10.15am. Cost $64 for the 8 week term or $10 casually per session.**

## STRENGTH TRAINING PILATES FOR OVER 50s WITH TERESA

A Pilates class for building inner strength, toning and trimming with all levels welcomed.

**Starts Monday 1st February 9.30am-10.15am or 10.30am-11.15am.**
**Cost $56 for the 7 week term or $10 casually per session.**
**Please note there will be no sessions on Monday 8th March.**

## POWER PILATES

A low impact workout suitable for all ages and most abilities. This workout is sure to strengthen, lengthen, trim and tone your whole body, including your core. An adaptable workout that allows you to work at your own level and fitness ability. Find your power and your strength again to move easier and feel great everyday.

**Starts Friday 29th January 10.30am-11.15am. Cost $64 for the 8 week term or $10 casually per session.**

## WALKING GROUP




Would you like to be part of a local walking group and socialise while you get some fresh air and exercise? Come along and join this friendly bunch doing local walks, learning some new trails and enjoying some time outdoors.

**Starts Friday 29th January at 10.00am for 8 weeks.**

PRIVACY: The Beaconsfield Neighbourhood Centre respects your right to privacy. All personal information collected is kept in accordance with information privacy laws.

## NEW VOGUE, BALLROOM AND LATIN DANCING

NEW DAY

If you only make one resolution for the New Year, do some dancing! You won't regret it and you may make some new friends too!

Our qualified instructor ensures that everyone enjoys acquiring new skills, whilst gaining many health benefits from this joyful exercise. Enrol now and discover a new you!

**Starts Monday 1st February 7.00pm-8.00pm for 7 weeks. Cost $98 for the term. Please note there will be no session on Monday 8th March.**

# Creative Art & Home Industry

## DRAWING WITH CRISS

Discover the art of drawing—one mark at a time!
In this course we'll explore everything from technical skills like proportion, shading, and perspective to more expressive approaches that bring energy and personality to your work. Suitable for beginners and intermediates, everyone will explore the same core exercises, with the option to choose simpler or more complex compositions depending on your experience. By the end of term, you'll have strengthened your drawing skills and built a versatile toolbox of techniques.

**Starts Monday 1st February 9.30am-12 noon for 7 weeks. Cost $175. A materials list will be provided when booking. Please note there will be no session on Monday 8th March.**

## MIXED MEDIA FOR BEGINNERS WITH CRISS

This 7 week course is all about play, experimentation, and building confidence in your creativity. You'll explore stencils, spray paints, inks, collage, and more—layering textures and techniques to create striking, original works.

**Starts Monday 1st February 12.30pm-3.00pm for 7 weeks. Cost $225. All materials are included. Please note there will be no session on Monday 8th March.**

## KNITTING GROUP

Free

Come and join us for knitting and crochet sessions to help local charities in need. With many local people currently in need of assistance, we hope this session will help bring knitters together as a social group whilst making items to donate to those in need. Donations of wool are always gratefully received.

**Starts Monday 1st February 1.00-3.00pm for 7 weeks. Please note there will be no session on Monday 8th March.**

## PATCHWORK/QUILTING/CRAFT CLASS

All are welcome to come along to this social group where you can finish off your own projects and start new ones. A lovely group of ladies and a friendly atmosphere.

**Starts Thursday 28th January 9.30am-12 noon for 9 weeks. Cost $5 per session.**

**Beaconsfield Neighbourhood Centre is supported by:**

Supported by the Victorian Government — Victoria The Place To Be

CARDINIA

## MAHJONG

Mahjong is a Chinese game popular during the twentieth century and has spread throughout the world. It is played with tiles based on Chinese characters and symbols. Mahjong can help improve memory and is an excellent social activity. New players are welcome, and we can teach anyone who wants to learn. A scoring table is now available for enthusiasts. It is a pleasant, interesting and challenging activity for all ages. Come and look and see for yourself.

**Starts Friday 29th January 10.00am-12 noon for 8 weeks. Cost $5 per session.**

## SEWING SISTERS

Join this informal, friendly group from beginners to experienced. Share skills and finish off those UFOs in Quilting, Patchwork, Embroidery, etc. New sisters are very welcome.

**Starts Friday 29th January 9.30am-1.00pm for 8 weeks. Cost $5 per session.**

## SINGALONG WITH EDWARD

Basing our songs on covers from the 50s to the 70s chosen by the attendees, our wonderful guitar player Edward will strum along and add some tunes to the words. This is a friendly, social group where fun and singing are priority.

**Running Monday 8th and 22nd February and Monday 22nd March 10.00am-12 noon.
Cost $10 per session.**

## GUITAR STRUMMING GROUP

This session will be for beginners who want to learn to play the guitar as a rhythm instrument and/or to play along with others in a group. For those who have never played before you will learn some basic chords and strumming patterns. For the more intermediate it will be an opportunity to learn and share ways to vary the playing of a song. You will need a guitar, tuner, music stand and a capo.

**Running Tuesday 9th and 23rd February and Tuesday 9th and 23rd March 2.00pm-4.00pm.
Cost $15 per session.**

## AN INTRODUCTION TO PHOTOGRAPHY

This course for beginners to intermediate students with practical workshops provides a foundation in digital photography for beginners and for people wanting to learn more about photography and their camera.

The course will wrap up with a field trip to develop your eye and skills using a photographer's brief and put your learnings into action. By the end of this course, you will better understand your camera and you'll be able capture striking photographs that grab people's attention.

**Starts Tuesday 16th February 7.00pm-9.00pm for 6 weeks. Cost $200 with all notes included.**

## POPPIES IN THE COMMUNITY

Let's deck out Beaconsfield with hand-crafted Poppies for Anzac Day. We are looking for interested crafters who would like to contribute poppies and help out with the decorating.

In our meetings, we have patterns, materials, ideas and support for all those who would like to be part of this wonderful community event.

**Our final sessions before Anzac Day will be Monday 1st February, Monday 1st March and Monday 12th April 10.00am-12 noon. No charge for these sessions.**

## DIGITAL LITERACY FOR ADULTS

NEW

Learn how to use a range of software programs commonly used for both personal and work purposes and build some confidence in their operation while drawing on their language, literacy and numeracy skills to complete activities. Topics include- Introduction to Microsoft Word, Microsoft PowerPoint and Microsoft Excel, sending and receiving emails, using File Explorer, keyboard skills, internet research and staying safe online.

**Starts Monday 1st February 9.15am-12.45pm for 7 weeks. Cost $45. Please note there will be no session on Monday 8th March.**



# Dance Classes with Miss Erin

## BABY BEATS- BABIES AND TODDLERS 6-18 MONTHS

Baby Beats is a fun and engaging music, movement and sensory class for babies aged 1-2 years old. Each session blends songs, gentle movement, play and sensory exploration to support early development. All in a warm, playful environment you and your little one will love.

**Starts Thursday 4th February 2.15pm-2.45pm for 8 weeks. Cost $72.**

## TEENY TINY DANCE – STRICTLY FOR 2-3 YEARS

A class for the beginner toddler where they will learn dancing games along with basic movement and rhythm.

**Starts Tuesday 2nd February 1.10pm-1.40pm for 8 weeks. Cost $72.**

## TINY TOTS JAZZ 3-5 YEARS

An energetic class where children learn how to dance and have fun to upbeat children's songs.

**Starts Tuesday 2nd February 12.30pm-1.00pm for 8 weeks. Cost $72.**

## TINY TOTS BALLET – STRICTLY FOR 3-5 YEARS

A slower more poised class learning the basics of ballet and fairy dancing. Please note your child must have turned 3 years old before starting this class.

**Starts Tuesday 2nd February 1.50pm-2.20pm for 8 weeks. Cost $72.**

## PRE-PRIMARY DANCE 4.5-6.5 YEARS (KINDER OR PREP)

This class focuses on further developing skills and discipline through jazz and ballet style dance. Please wear appropriate dance attire and bring a drink bottle to class!

**Starts Tuesday 2nd February 4.10pm-4.55pm for 8 weeks. Cost $80.**

## PRIMARY DANCE 7-10 YEARS (GRADES 1-4)

A jazz style based dance class focusing on flexibility, technique and advance routines. Students will learn the discipline of a dance class within a fun and relaxed environment. No strict uniforms, however please come dressed in appropriate dance wear.

**Starts Tuesday 2nd February 5.00pm-5.45pm for 8 weeks. Cost $80.**

## JUNIOR DANCE 11 YEARS +

LONGER CLASS TIME

A jazz style based dance class suitable for children wanting to begin dancing at an older age. No strict uniforms, however please come dressed in appropriate dance wear.

**Starts Tuesday 2nd February 5.50pm-6.50pm for 8 weeks. Cost $96.**

# Acro with Miss Erin

Our Acro classes combine the strength, flexibility and control of acrobatics with the excitement of tumbling! Students develop coordination, balance, strength and body awareness while learning a variety of acrobatic skills and tumbling combinations. With classes catering to different ages and skill levels, students are encouraged to build confidence, develop their technique and progress at their own pace in a fun, supportive and safe environment.

## TINY TUMBLERS 3-5 YEARS (KINDER)

A fun introduction to acrobatics, exploring foundational skills such as balancing, rolling and cartwheels.

**Starts Thursday 4th February 4.00pm-4.30pm for 8 weeks. Cost $80.**

## PRIMARY ACRO 5-8 YEARS (SCHOOL STUDENT)

Develop acrobatic and tumbling skills from beginner to intermediate level, building strength, flexibility and confidence.

**Starts Thursday 4th February 4.40pm-5.25pm for 8 weeks. Cost $96.**

## JUNIOR ACRO 9-12 YEARS

Progress through beginner to intermediate acrobatic and tumbling skills, with a focus on technique, strength and control.

**Starts Thursday 4th February 5.30pm-6.15pm for 8 weeks. Cost $96.**

## INTERMEDIATE / ADVANCED ACRO 12+ YEARS OR MEET MINIMUM SKILL LEVEL SET BY TEACHER

For students aged 12+ or those meeting the required skill level, focusing on advanced tumbling skills, technique and progression.

**Starts Thursday 4th February 6.20pm-7.20pm for 8 weeks. Cost $120.**

# Children's Room

**Start your child's early learning adventures in our purpose built Children's Room. Journey through these exciting stages of development in a flexible and welcoming environment and be completely ready to enter the formal education system.**

## Playgroup with Alicia -For parents/carers with children aged up to 5 years.

Activities are set up ready for you and your children to enjoy. Children require a snack, drink and suitable clothing for messy activities and outdoor play. A great beginning for your child to learn through play and socialising and an opportunity for you to meet other parents from the community. It also familiarises the children with our Children's Room which eases the anxiety when it's time for Occasional Care.

**Monday session starts Monday 1st February 9.30am-11.30am for 7 weeks.**
**Cost for first child $52.50, second child $28, third child and babies under 6 months old $17.50. Please note there will be no Playgroup on Monday 8th March.**

**Tuesday session starts Tuesday 2nd February 9.30am-11.30am for 8 weeks.**
**Cost for first child $60, second child $32, third child and babies under 6 months old $20.**

## Occasional Care

Our Occasional Care program offers quality care for children between 18 months and 5 years. A wide range of activities are provided for the children by our qualified and experienced staff. Occasional Care is often the first time parents leave their children. Our staff are skilled with strategies for separation anxiety and helping you both with the transition. Care can be permanent or casual.

**Sessions start Wednesday 27th January and run Wednesdays, Thursdays and Fridays 8.30am-4.30pm during term time. Cost $98.40 per session.**

**Emergency and casual spots are charged at $13.50 per hour for a minimum of 3 hours. Please contact the Children's Room directly on 0413 054 559 for availability.**

## Occasional Care Holiday Program

We now run our popular Occasional Care program through most school holidays. Spots are available to everyone and are booked on a first come first served basis.

**Please contact the Children's Room directly on 0413 054 559 for more information and to reserve your spot.**

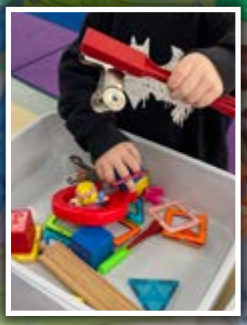
**You may be eligible for Child Care Subsidy which would give you discounted fees. Please see the office for more information.**











## OTHER USUAL ACTIVITIES AT THE CENTRE

- Awakening Church: Every Sunday 10.00am. Contact Lee on 0420 942 940.
- BNC weekend Hall Hire: Contact Cardinia Shire on 1300 787 624 and ask for Connected Communities.
- Beaconsfield Taekwondo- For class details and availability visit www.beaconsfieldtaekwondo.com.au
- Counselling - Students, Adults, Couples & Families. Contact Kathy Brennan on 0417 038 983 for details.
- Judie Hind-Roff. Children and adults counselling. Medicare rebates available. No waiting list. Tel. 0438 995 065.
- Maternal & Child Health at the Centre on Tuesdays, Wednesdays and every first & third Thursday of the month. Contact 5943 4250 for all enquiries and appointments.
- Men's Group. Social group for men nearing or entering retirement: contact John 0431 844 833.
- Men's Strength (5.45pm) and Women's Pilates (6.45pm) classes Wednesday nights. Focusing on Balance, Core, Strength and Mobility. Contact Teresa on 0402 961 588 for more information.
- Taylor Support Services. Disability and Social Support. Contact Lyn on 0407 942 007.

## WEEKEND HALL HIRE

**Contact 'Connected Communities' at Cardinia Shire Council. Tel. 1300 787 624 or Email connectedcommunities@cardinia.vic.gov.au**

## TERM DATES FOR 2027

**Term 2- Mon 12th April to Fri 25th June**

**Term 3- Mon 12th July to Fri 17th September**

**Term 4- Mon 4th October to Fri 17th December**

## The following services are available at the office...

Photocopying: Black & White A4 20¢, A3 50¢.
Colour A4 50¢, A3 $1. Laminating: A4 $2, A3 $4.
Contact the office with any enquiries on 8768-4400

BNC would like to thank Community Bank Beaconsfield District and Woolworths Beaconsfield for their wonderful support of our food pantry providing food and pantry items for those in need.

Woolworths

Bendigo Bank Community Bank Beaconsfield District

## BNC is now registered with the Victorian Container Deposit Scheme.



**If you would like to make a donation to the Centre when recycling your containers, please use the barcode shown or input the code C2000009139**

**We thank you for your donations.**

Beaconsfield Neighbourhood Centre Inc

**We would like to thank our advertisers for their assistance in supporting our Neighbourhood Centre.**

**If you would like to advertise in our Term program please contact Sue in the office 8768-4400.**

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Beaconsfield Neighbourhood Centre Inc

## FIND US ONLINE

**www.bncinc.org.au**

**We have Beaconsfield Neighbourhood Centre GIFT VOUCHERS available for purchase from the office.**



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